

**TODAY I WILL  
BE A BETTER  
VERSION OF  
MYSELF THAN  
YESTERDAY.**

coin wright  
exilelifestyle.com

## *A Better Me*

*Study Verse: Romans 15:13*

*"May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit."*

**Thoughts:** The past couple of weeks I have allowed stuff to move up the priority list and replace the time I spend with God. I excused myself with the lie that I was waiting for God to speak to me about a topic for the devotional. I stopped seeking God first before anything. I didn't love Him less, I allowed stuff that I wanted to do, regardless what it was, it replaced my alone time with God. Each day I did this I could feel my anxiety and frustration growing, the lack of resolution to situations triggering anger and resentment toward the situation. If this or that then this or that... UGGGGHHH!!! I thought to myself.. I got this, I'll do what I need to do, I'm working alone, I'll get through this...I'll figure this out, and then it happened.. I exploded over something so stupid. I had become physically tired, emotionally drained and I became a foolish jerk with no self-control. I spewed it all out there, the you know what hit the fan, and of course as soon as I could reign myself back in, I felt horrible, I started apologizing, asking God to forgive me. BUT the actions and word were out there, no taking them back. I kept asking God, why do I do this, why am I so angry and frustrated over something stupid. That's when the Holy Spirit reminded me... I failed, I allowed my quiet time with God to be less than First priority. Sure I said my good morning Lord prayer, but I didn't give anymore than that. I had no inspiration for writing a devotional so I excused it as "I'm waiting on the Lord" so I didn't, I moved onto another everyday task. 2 weeks later... Well here I am, sharing my thoughts about another weakness and how God continues to work on this strong willed, hard headed, foolish human that wants to be better than I am. I will never be perfect, but I desire to be better and more like Jesus. I hate the weaknesses of my flesh and nature. I want to be different.

A lesson, I am reminded of once again...

**Matthew 6:33** Amp *But first and most importantly seek (aim at, strive after) His kingdom and His righteousness [His way of doing and being right—the attitude and character of God], and all these things will be given to you also. And Colossians 3:1-2* Amp *Therefore if you have been raised with Christ [to a new life, sharing in His resurrection from the dead], keep seeking the things that are above, where Christ is, seated at the right hand of God. Set your mind and keep focused habitually on the things above [the heavenly things], not on things that are on the earth [which have only temporal value] Put God FIRST, with Him I can become better today than yesterday.*

Until next time, may God bless, heal, protect and grow in you daily,  
Everyone say, Amen

**No Matter Who  
You Are, No  
Matter What  
You Did, You Can  
Always Change,  
And Become A  
Better Version Of  
Yourself**

