## Forgive Study Verse: Luke 6:37-38

**Judge not**, and ye shall not be judged: **condemn not**, and ye shall not be condemned: **forgive**, and ye shall be forgiven: **Give**, and it shall be given unto you; good measure, pressed down, and shaken together, and running over, shall men give into your bosom.



**My Thoughts:** How does one FORGIVE? I guess there are some things easier to forgive than others. "I'm sorry" can be tossed out with various levels of intent or it can be the most paralyzing two words that are unspoken. Why? Why is it? Forgiveness and Apology are very serious words but yet are used with sarcasm and love. Jesus sacrificed his life, he endured every variation that is possible, disrespect, betrayal, slander, hatred, assault, abuse, and death (some may say, what about, sexual abuse, yet, Mat 25:40 covers this )… Yet in the midst of it all, He cried out forgiveness. Luke 23:34 Jesus said, "Father, forgive them, for they do not know what they are doing."…..

Human nature the mental part is very protective. It has secret forgetful hiding place to give false safety from trauma or will build walls of remembrance with anger and defensive to form safe isolated space blocking the expected. People are imperfect, we are selfish, often thoughtless as we react to or with prejudice feelings that has been learned or accepted from hurt. We have expectations of others that cause frustration, hurt, disappointments, separation, and isolation. Human Nature is a very tough and resistant vault to break into or out of.

I believe if we give more effort in the acceptance and practice of Gods word and allow the pureness in the definition of the words and action of Forgive and Apology then we become better than the version the world has added to the words. The secret is <u>Unconditional Communication!!!</u> I apologize, I made a mistake, I take responsibility for ME.. I forgive, I believe you, I love you more than the hurt, I choose to follow Jesus more than ME therefore I forgive you. Forgiveness is not meant for the apology alone. It is meant to heal all participants in the situation, regardless the variation. Satan will continue to remind you time and again, but Jesus is there to say, NOPE, not any more. We learn from and adapt to all that we experience Good and Bad. But with Jesus and following Gods instruction all the bad experiences become an unbreakable strengthen of wisdom contained in a word or unconditional action called... FORGIVE

(BTW did you notice there is a blessing in the ending?) GIVE! God loves so big it covers everything. Until next time, May God bless, heal, protect and grow in you daily, Everyone say, AMEN.