

**John 3:5-6** Jesus answered, "Truly, truly, I say to you, unless one is born of water and the Spirit, he cannot enter the kingdom of God. That which is born of the flesh is flesh, and that which is born of the Spirit is spirit.

**My Thoughts:** Every mother can recall the birth of her child. The labor, the fear, the joy, the intense pain as her body instinctively surrenders to the act of giving birth. John 16:21 speaks about women giving birth. It says that a woman no longer remembers the anguish when she has delivered the baby. I understand the meaning of the scripture, but I have to say; I remember pretty well giving birth, but not the anguish.. Yes there was physical discomfort, but never anguish. I was excited and ready to do everything required to deliver my son. I can not remember the day I was physically born, but I had one. Everyone has a physical birthdate. But, everyone may not have a Spiritual birthdate. The reality of this makes me very sad. I remember my Spiritual Birthday. The day I accepted Jesus, I remember the shame, the fear, the feeling of weightlessness, as if I was being carried to the altar, the peace, and the joy of surrender. I remember my Baptism. You know what I don't remember... the exact date. Why, I wonder. I can remember my physical birthdate because I am reminded of it every year. Why do we not celebrate our Spiritual Birthday each year? There is one thing for sure... There is no way I can ever forget the experience of the event. The experience of being BORN AGAIN. The best decision ever!

I pray you have or will have a Spiritual Birthday soon. As I celebrate my physical birthday today, I choose to celebrate my Spiritual Birthday also. I choose to celebrate it every day, because I choose Jesus every day. HAPPY SPIRITUAL BIRTHDAY!

Until next time, May God bless, heal, protect and grow in you daily. Everyone say, AMEN