



New Year Resolutions

Study Verse: *Philippians 3:12-15 ESV*

Philippians 3:12-15 *Not that I have already obtained this or am already perfect, but I press on to make it my own, because Christ Jesus has made me his own. Brothers, I do not consider that I have made it my own. **But one thing I do: forgetting what lies behind and straining forward to what lies ahead, I press on toward the goal for the prize of the upward call of God in Christ Jesus. Let those of us who are mature think this way, and if in anything you think otherwise, God will reveal that also to you.***

My Thoughts: Every New Year we all make Resolutions, Goals to obtain in the coming days. Let's look at the meaning of Resolution - *a firm decision to do or not to do something*. How many of us can honestly say that we have a “resolution” by February. We have great intentions each year to accomplish great things until it gets tough. I have failed so many times that I made a “Resolution” not to make any “New Year Resolutions”. In my opinion, it is great to set goals and look forward to how to reach that goal each day, but I have learned through my many failures; that when I focus on what is truly important the small changes just happen. Letting go of the past failures and choosing a close relationship with God has been a more obtainable and successful resolution

for me. I shared my frustrations, concerns, questions, desires, my heart with God and **He** led my husband and I to StonePath, **He** led me to a resource that has helped my health, **He** has opened my eyes to try a new thing (creating this devotion). It is possible to obtain a New Years Resolution when you focus on the most important thing, A relationship with God the Father, His Son Jesus and the Holy Spirit.

Philippians 4:12-13 AMP says it well. *“I know how to get along and live humbly [in difficult times], and I also know how to enjoy abundance and live in prosperity. In any and every circumstance I have learned the secret [of facing life], whether well-fed or going hungry, whether having an abundance or being in need. I can do all things [which He has called me to do] through Him who strengthens and empowers me [to fulfill His purpose—I am self-sufficient in Christ’s sufficiency; I am ready for anything and equal to anything through Him who infuses me with inner strength and confident peace”*

I pray that you obtain your goals this year. When you look back over 2025 this coming December you will find yourself more successful and closer to God than you can ever imagine.

Until next time, May God bless, heal, protect, and grow in you daily.
Everyone say, AMEN!