



Words, Life or Death

Study Verse:

Psalms 34:12-13 Who is the man who delights in life, who desires to see good days? Keep your tongue from evil and your lips from deceitful speech

Colossians 4:6 Let your speech always be gracious, seasoned with salt, so that you may know how to answer everyone

Proverbs 10:19 When words are many, sin is unavoidable, but he who restrains his lips is wise.

Proverbs 13:3 He who guards his mouth protects his life, but the one who opens his lips invites his own ruin.

Proverbs 15:4 A soothing tongue is a tree of life, but a perverse tongue crushes the spirit.

Matthew 15:11 A man is not defiled by what enters his mouth, but by what comes out of it.

James 1:19 So then, my beloved brethren, let every man be swift to hear, slow to speak, slow to wrath;

James 1:26 If anyone considers himself religious and yet does not bridle his tongue, he deceives his heart and his religion is worthless

My Thoughts: WOW!!! Oh My Goodness!!! Take a minute or two, let that soak...

That is a big dose of medicine. SOOOO, What to do with this lesson?

Are you still rolling that around, avoiding to swallow??? Go ahead, take it in, you will be better if you do.

I remember a Sunday School Teacher sharing this lesson. It's not so much about gossip but about your heart, mind and spirit. An example she used was the words "BE CAREFUL" *The dictionary says it is to do something in a thorough, attentive, or painstaking way, giving thought to avoid error or omission, implies a sense of caution.* The example the teacher was using is speaking a word of danger into a situation that requires a warning rather than speaking words of safety and blessing, ie: Go with God or Safe travels.

The lesson is to be aware of what we are speaking. There is power in our words. Jesus spoke with love and compassion and healing and resurrection happened, Satan spoke words of deceitfulness and created division.

We are imperfect creatures of thoughtless habits, we react without thinking and consideration of circumstances beyond the moment. There is always a choice of action and reaction, Good, Bad, Playful, Innocent or Intention, WORDS can give life, hope, encouragement, blessing or WORDS can destroy, hurt, anger, curse, divide. We can predict how a person may respond to words they hear. It is all in the perception of their mind and spirit. Words can be spoken in a loving and playful intent, but the hearer may be troubled and frustrated at that moment and perceive out of context and react negatively and a divide is created. An apology may or may not heal the misunderstanding but it is important to be accountable for your words GOOD or BAD or MISUNDERSTOOD.

We have a lot to be aware of.. I choose to do better today than yesterday, everyday. I ask God to strengthen my Spiritman that my human nature is more aware and reacts instinctively to my Spirit rather than its nature (which is sinful). To follow Jesus' example and receive the Holy Spirit is an everyday wake up in the morning fully conscious throughout the day until you go to sleep CHOICE. This is my honest description of being a Christian. I rather follow Jesus than the alternative world. I choose to choose my WORDS more wisely and Godly.

Until next time, May God bless, heal, protect and grow in you daily. Everyone say, AMEN