



## Praise Him

Study Verse: Acts 16:25, John 4:24,

Zephaniah 3:16-17, Matthew 16:15-17

**Acts 16:25** Around midnight Paul and Silas were praying and singing hymns to God, and the other prisoners were listening. John 4:24 For God is Spirit, so those who worship him must worship in spirit and in truth. **Zephaniah 3:16-17** Do not fear; do not let your hands hang limp. The Lord your God is with you, the Mighty Warrior who saves. He will take great delight in you; in his love he will no longer rebuke you, but will rejoice over you.

**Matthew 16:15-17** Then he asked them, “But who do you say I am?” Simon Peter answered, “You are the Messiah, the Son of the living God. Jesus replied, “You are blessed, Simon son of John, because my Father in heaven has revealed this to you. You did not learn this from any human being.

**My Thoughts:** I sit here waiting upon the Lord to speak, I listen to my music, pray and praise him for all he is done and will do. Some days I must choose to surrender everything in me. Lay aside every thought, concern, worry, frustration, circumstance that binds me to my flesh and humanity in order to find the Spirit of God. It dwells deep within my heart, my mind, my being. (The Spirit dwells deep within, so you must push past the world, searching for it like a game of hide and seek, because when you find it, the joy that rises up is the connection to GOD. )Tears of joy swell inside me right now, my hands instantly want to raise to receive God, as if to give a hug.

A precious and dear friend shared this with me one day.. Someone had asked her... Why do you raise your hands at church? I love her response... When you were in school and the teacher asked the class a question, what did you do if you knew the answer? The person replied, I raised my hand! Her response back... well, I know the answer to God's question.

God is asking each of us, Who do you say I am? Every time we pray or listen to Christian music, we have an opportunity to cross a divide between earth and Heaven. Pushing pass a bearer between flesh and spirit, where Jesus abides within, awaiting to do great things within and through us. A place where miracles are made and prayers are answered. Where we find strength to overcome any situation we face on earth. When I think of Jesus and all he has done for me, I feel a great adoration, appreciation, respect for the love he has shown me, so much so that it is difficult to restrain my flesh and spirit. You see, I know who Jesus is, MY Savior, MY Refuge, MY Strength, MY Everything! But above all, The Messiah, the Son of the living God. I raise my hands, I sing, I shout, I clap, I dance, because I know the answer, I know I have the victory through Jesus. I give my PRAISE to HIM! Please understand, I am not saying you must praise and worship the Lord as I do. I am saying, it is ok to allow yourself the freedom to. I encourage you to allow yourself to step past the prison doors, your chains are loose, your conviction has been redeemed, YOU are FREE! Raise your hands and give God a hug today. Let Him know, You know the answer to his question.. Who do you say He is?

Until next time, may God bless, heal, protect and grow in you daily.

Everyone says, AMEN and PRAISE THE LORD, HALLELUJAH, GLORY TO GOD!