

## $Enough {\rm Study Verse: Psalms 86:1-87:7 \, NIV}$

<u>**Psalms 86:6-7**</u> Hear my prayer, Lord; listen to my cry for mercy. When I am in distress, I call to you, because you answer me.

*My Thoughts:* David is having one of those days, You know, where everything that can test your Christianity does; and usually wins... I know I have had a few of these. People really test me A LOT! LOL.. There are times that it feels like, "if one more thing happens", "I am done", "hands in the air walk away", "curse words", done! I would love to be one of those easy going ducks, that, let it roll off your back, nothing sticks to, praise the Lord all the time, personalities. Honestly, it is my constant prayer to be stronger and better than yesterday, it is my daily personal goal. Most days I make it, Praise the Lord. The question is how? How do I put away my fleshly rebellious nature to allow a greater spiritual self controlling nature to become more dominant? Well, I'm still trying to figure it out, but what I have learned and PRACTICE is; be aware that the presence of God is with me, I do not want to disrespect Him. I even apologize when I fall short. When I feel the frustration begin to build, I stop. Just as David did in Psalms 86:6-7. I turn to God the Holy Spirit (because He is there with me) and I say ok, here it is, how do you want to deal with this? I acknowledge my weakness before Him, I am completely honest about how the situation is pushing me, and release it. AM I Perfect? NO.. As I said previously, I PRACTICE.

I know there is nothing too big for God to deal with, I can not control anything beyond my reaction. (yeah that is a tough one to accept!) Mind you, I am not a doormat to wipe your feet on while you walk over me, but I am a door attendant that can welcome or decline

entrance to my space. Lastly, I have learned to check myself by these thoughts, What if they are having a bad day and do not know Jesus? What if they come to Church Sunday and there I am the jerk from yesterday. (oh my, lived through that one, unfortunately) We are not perfect but as a Christian we have an accountability to uphold. The definition of the word CHRISTIAN is CHRIST LIKE. Let's pray for each other, and PRACTICE each day to live our very best. It is our reasonable sacrifice to the Lord, to honor Him for all He has given and provides daily. Trust and depend on the Holy Spirit that dwells within you to strengthen you in wisdom. Remember this: I am an overcomer by the word of God. I am all that He says I am. I can do all things through Christ Jesus. DO NOT GIVE UP! There is nothing too big for God. He knows me, because he designed me even my compassionate controlling personality traits that situations like to test. Yes, if we let go and let God, He will turn a weakness into a strength that Glorifies the Lord with honor. We can do this! NOTHING IS TOO BIG FOR GOD!

Until next time, May God bless, heal, protect, and grow in you daily. Everyone say, AMEN