



## Thanksgiving Study Verse: Philippians 4:6

**Philippians 4:6** Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done.

**My Thoughts:** People worry, they think about the “what if”.. What if this happens? What should I do? What if this doesn't happen? I am so thankful that I have never really worried about the “what if” or “nots”. I have been blessed to see things as they are and to process and react to the “it is what it is” and choose to pray for wisdom if I question how to respond. I am Thankful for the way my Parents taught me, even when I did not want to listen and understand what the lesson was at the time. Mom would say, worry will not fix what hasn't happened, so why make yourself miserable with worry? When there was an issue to fix, Mom would simply say, Lord, help me, How do we fix this or that. I know this sounds too simple and many may say it is easier said than done, but I guess when you truly depend on God and understand that there is nothing greater than Him, it would seem that way. I am thankful that Jesus chose to love me and give his life so that I may be free to walk with Him everyday. To talk with Him about everything that I struggle with. I am thankful that I find strength in Philippians 4:6. I try my very best to live it and pray for those that struggle with it. I am so thankful for you. I pray that you count your blessings and giving thanks for each one this Thanksgiving Day

Until next time, May God bless, Heal, Protect and grow in you daily. Everyone say, AMEN